

# Worcestershire Oral Health Action Plan 2019 - 21

## Promoting Oral Health at all Ages

Strategic Priority: Worcestershire residents are healthier, live longer and have a better quality of life, especially those communities and groups whose health is currently poorest.

The Oral Health Steering group will focus on: Promoting oral health and preventing oral disease. The focus will be on three groups:

Children

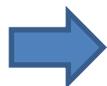
People in residential care  
and supported living

People with learning disabilities  
and additional needs

To do this we will: Work in partnership to review current provision of Community Dental Services and develop local solutions, using national frameworks and evidence based practice. Particularly within three themes:

### 1. Primary Prevention

- Providing clear information and advice on caring for your teeth
- Increasing awareness of good oral health
- Targeted Oral Health promotion



### 2. Access to Care

- Promoting access and referral pathways for all.
- Improving supported access to dental care for people with additional needs.



### 3. Outcomes

- Reducing the demand for general anaesthetic in children and vulnerable adults

Theme 1: Primary Prevention				
Objective	Action	Measurement of Success	Timescale	Lead
1.1 Review oral health promotion service	Scope and complete a review of the existing Oral Health Promotion Services and make recommendations for future provision.	New evidence based specification for oral health promotion services in place	December 2019	<b>PHE</b> WCC NHSE
1.2 Deliver Oral Health improvement campaigns to: <ul style="list-style-type: none"> <li>Target communities in Worcester, Wyre Forest</li> <li>County wide</li> </ul>	Use Insights Based Social Marketing (IBSM) to understand oral health behaviours and tailor oral health promotion messages.  Continue to deliver countywide campaigns for oral health promotion	Tailored campaigns for focussed target communities that influence behaviour change.  Monitoring of social media campaigns	Ongoing  WCC to provide IBSM toolkit by March 2020	<b>WCC</b> OHP Service provider PHE NHSE
1.3 Promote oral health improvement for <b>babies and children</b> across Worcestershire <ul style="list-style-type: none"> <li>Universally</li> <li>Targeted at areas of highest need</li> </ul>	PEIS Whole Setting Approach: Work with schools to support schools and parents (including special schools), to understand the links between diet and oral health and good routine oral health care.	% of schools/settings working with to develop a whole settings approach/ healthy settings award	Ongoing (recorded annually)	<b>WCC</b> 0-19 Prevention and Early Intervention Service
	Support and promote national campaigns i.e. NHSE Starting Well Campaign and 'A little Trip to the Dentist' and Maternity and Health Visitors provide brief opportunistic advice around oral care and visiting the dentist	Increased number of babies and young children visiting the dentist Long term reduction in D <sup>3</sup> MFT at age 5 in target Worcester City and Wyre Forest	Ongoing (recorded annually)	<b>WCC</b> 0-19 Prevention and Early Intervention Service
	Implement supervised tooth brushing schemes and provision of toothbrushes and toothpaste in areas with higher levels of decay	Long term reduction in D <sup>3</sup> MFT at age 5 in target Worcester City and Wyre Forest	Schemes in place for 2020/21	<b>WCC</b> PHE OHP Service Provider

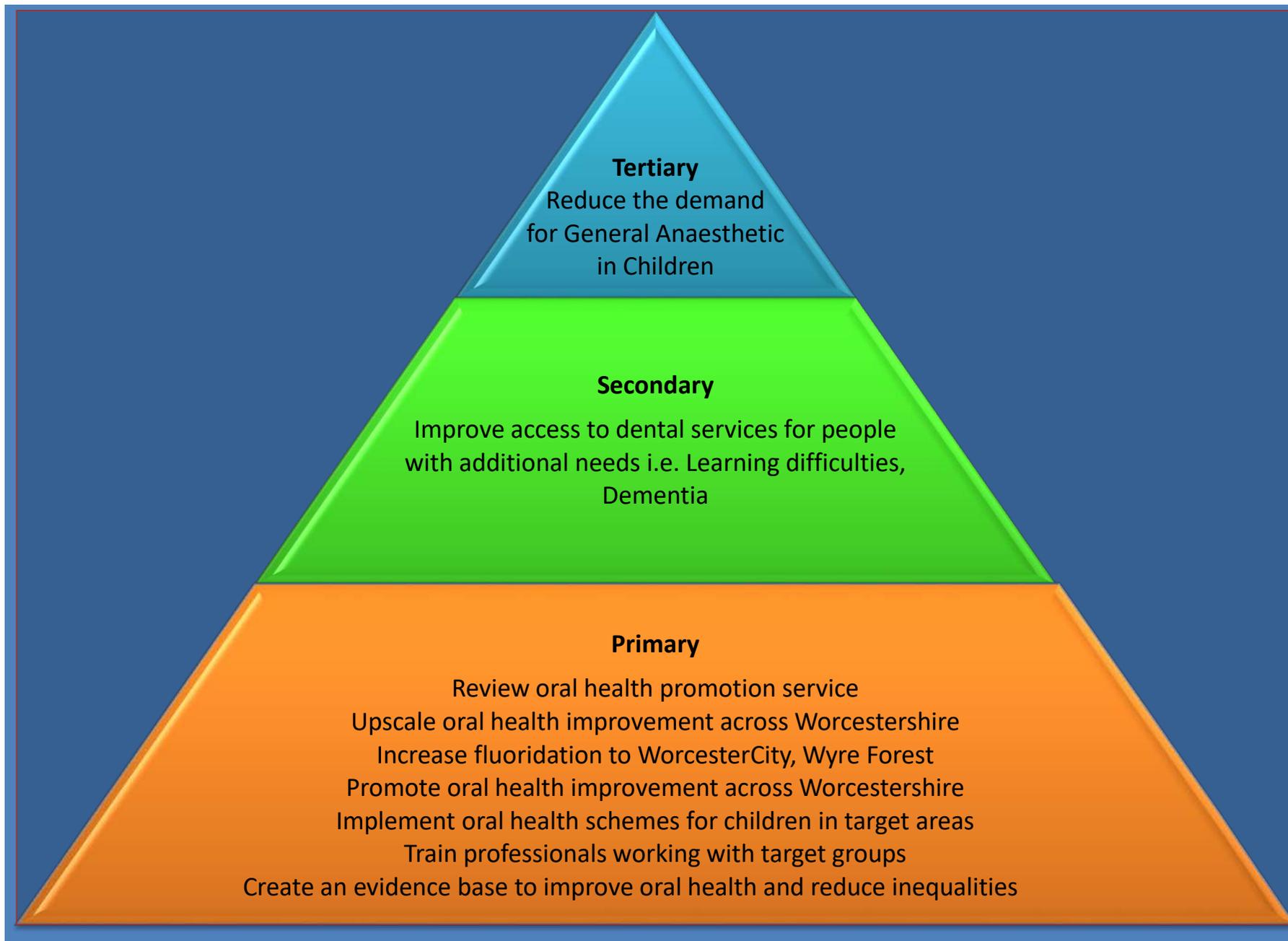
<b>1.4 Targeted advice for families with children receiving general anaesthetic to dental care</b>	Targeted oral health education provided by a dental nurse/OHE at the point of parent/child being assessed for GA to enables parents and carers to improve the diet/oral hygiene/fluoride use for the family	Reduce risk of caries in siblings and further caries in the child receiving GA.	March 2020	NHSE Community Dental Service
	Following GA the discharge letter sent to other relevant professionals working with the child and contains specific requirements of the child in terms of fluoride (brushing) to support other professionals that have contact with the child/siblings with prevention.	Relevant professionals are informed of the oral health needs of the child and are equipped to provide advice	March 2020	<b>Community Dental Service</b>
<b>1.5 Promote oral health improvement for Adults with additional needs</b>  <ul style="list-style-type: none"> <li>• <b>Learning Difficulties and disabilities</b></li> <li>• <b>Substance misuse</b></li> <li>• <b>Homelessness</b></li> <li>• <b>People living in Care homes</b></li> </ul>	Linking to the annual health check, include oral health advice and reminders in health and wellbeing plans for people with Learning Disabilities	Oral health included in LD Annual Health Assessment	December 2020	<b>WCC</b> Primary Care
	Provide easy read resources in dental surgeries for people with learning difficulties	Resources available in dentist surgeries in accessible format for people with LD	March 2020	<b>NHSE</b> CDS LDC WCC
	Work with providers and commissioners to include oral health in care plans for people in residential care and supported living	Oral health assessments and mouth care plans included in care homes as part of contract.	March 2020	<b>WCC</b> Service Providers
<b>1.6 Train professionals working with target groups</b>	Promote e:learning for staff working in residential care, domiciliary care and other supported living settings including special schools	Increase in staff accessing oral health e:learning and following good practice.	March 2021	<b>CDS</b> WCC
<b>1.7 Oral Health is included in strategies for those identified by the OHNA as being of greater risk of poor oral health</b>	Oral Health included in strategies for: <ul style="list-style-type: none"> <li>• Adults with diabetes</li> <li>• Adults who are homeless</li> <li>• Adults who misuse substances</li> <li>• Heavy drinkers</li> </ul>	Oral health included in new strategies for target groups	March 2021	<b>WCC</b>

	<ul style="list-style-type: none"> <li>Tobacco users</li> </ul>			
<b>1.8 Promote oral health in the workplace</b>	Promote good oral health in Anchor Organisations and to Worcestershire Works Well businesses	Included as an optional standard in WWW toolkit	Ongoing	<b>WCC and WWW partners</b> NHS Organisations
<b>Universal provision</b> <b>1.9 Increase fluoridation across the county to improve outcomes in Worcester City, Wyre Forest</b>	Explore the potential for extending water fluoridation to areas not already covered	Fluoridation implemented across the whole of Worcestershire	Long term	WCC
<b>Theme 2</b>				
<b>Objective</b>	<b>Action</b>	<b>Measure of success</b>	<b>Timescale</b>	<b>Lead</b>
<b>2.1 Improve access to local dentist surgeries for target groups</b>	Provide training for dentists and surgery staff in supporting people with additional needs i.e. learning difficulties, Dementia  Ensure easy read guides are available in dental surgeries	Dentists and surgery staff are confident in communicating with and supporting people who have additional needs	March 2021	CDS LDC
<b>Theme 3</b>				
<b>Objective</b>	<b>Action</b>	<b>Measure of success</b>	<b>Timescale</b>	<b>Lead</b>
<b>3.1 Reduce the waiting time for general anaesthetic in children.</b>	Secure increased theatre space for GA	Reduced waiting lists for GA in children	Ongoing	NHSE

	Paediatric services provide acclimatisation and inhalation sedation	Reduced waiting lists for GA in children		NHSE
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**Worcestershire Health and Care Trust Action Plan link to Worcestershire Oral Health Action Plan 2019-21.**

<https://www.healthwatchworcestershire.co.uk/wp-content/uploads/2019/05/WHCTrust-Healthwatch-Worcestershire-Going-to-the-Dentist-response-Action-Plan.pdf>



## **Glossary of Terms**

**Primary - Prevent the problem from occurring**

**Secondary - Detect the problem and respond**

**Tertiary - Minimize long term impact and prevent re-occurrence**

**People in residential care – Covers all ages including people in Supported Housing, Extra Care etc.**

**Learning difficulties – People with learning disabilities and those with additional needs**

**People in residential care – Care homes, supported living, extra care**