

## **Annual Progress report from the Health Improvement Group**

### **Agenda item 10**

Date	12 May 2015																
Board Sponsor	Marcus Hart, Chair and County Council Cabinet Member for Health and Well-being																
Author	Dr Frances Howie, Head of Public Health																
Relevance of paper	<p><b>Priorities</b></p> <table><tr><td>Older people &amp; long term conditions</td><td>Yes</td></tr><tr><td>Mental health &amp; well-being</td><td>Yes</td></tr><tr><td>Obesity</td><td>Yes</td></tr><tr><td>Alcohol</td><td>Yes</td></tr><tr><td>Other (specify below)</td><td>Yes</td></tr></table> <p><b>Groups of particular interest</b></p> <table><tr><td>Children &amp; young people</td><td>Yes</td></tr><tr><td>Communities &amp; groups with poor health outcomes</td><td>Yes</td></tr><tr><td>People with learning disabilities</td><td>Yes</td></tr></table>	Older people & long term conditions	Yes	Mental health & well-being	Yes	Obesity	Yes	Alcohol	Yes	Other (specify below)	Yes	Children & young people	Yes	Communities & groups with poor health outcomes	Yes	People with learning disabilities	Yes
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Item for	Consideration																
Recommendation	<ol style="list-style-type: none"><li>1. <b>That the Health and Well-being Board is asked to:</b><ol style="list-style-type: none"><li>a) <b>Consider and comment on progress made between September 2014 and March 2015; and</b></li><li>b) <b>Request that the Health Improvement Group Bi-Annual Report is presented to the Board in November 2015.</b></li></ol></li></ol>																
Background	<ol style="list-style-type: none"><li>2. The Health Improvement Group (HIG) is a sub-group of the Health and Wellbeing Board. It was set up in March 2014 and its purpose is 'to lead, co-ordinate and ensure progress of action to improve health and well-being, focusing on health inequalities and the wider determinants of health and well-being in Worcestershire'. Full terms of reference and membership are published on the County Council's website. Each Local Authority is represented by a</li></ol>																

## Summary of progress: strategic plans

Councillor. The HIG has been well attended by all its members since it was set up in 2014.

3. Part of the role of the HIG is to monitor the delivery of the following Worcestershire strategic plans and associated action plans:
  - Alcohol Plan
  - Mental Well-being and Suicide Prevention Plan
  - Obesity Plan
  - Strategic Drug Plan
  - Tobacco Control Plan
4. The HIG also considers District Health and Well-being Plans with the aim of highlighting and co-ordinating local action and sharing good practice.
5. Since the bi-annual progress report was presented to the Board in November 2014, the HIG has received updates on the Obesity Plan, Alcohol Plan, and Mental Well-being and Suicide Prevention Plan. A summary of progress against these plans is set out below.

### **Obesity Plan**

6. The HIG received an annual update for the Worcestershire Obesity Plan 2013-16 in December. Below is a summary of progress of work in year 2 of the Plan:
  - A programme of targeted support from support workers has resulted in an increase in breastfeeding rates at 6 – 8 weeks, reducing the risk of childhood and adult obesity.
  - A Planning for Health Technical Research paper has been completed (see website) and re-establishes the link between planning and health, it aims to tackle the planning-related components that make up what have been termed the 'social determinants' of health and therefore working to reduce health inequalities
  - The Worcestershire Works Well workplace health scheme has been awarded a Royal Society of Public Health 2-year award. Worcestershire County Council is signed up to the scheme to promote workplace health to its staff. These programmes coincide with the County Council commitment to the national Public Health Responsibility Deal set out by the Government, which aims to encourage businesses and other influential organisations to make a significant contribution to improving public health.
  - A 'Living Well' service for adults has been approved by Cabinet. The commissioned service will support,

tiers one and two of the bariatric pathway. The bariatric pathway describes the progression from general health and healthy weight messages in tiers one and two including promoting lifestyle change, through improved diet, increased physical activity and behavioural interventions. Tiers three and four require specialist interventions and access to intensive treatments such as surgery for morbid/severe obesity when lifestyle changes, restricted diets and drugs have failed to tackle the problem. The Living Well Service will focus on adults living in the most deprived areas or people who have a BMI of 30 or over, with 1-2-1 advice and support by a trained advisor. The service will begin on the 01 April 2015.

- A Maternal Obesity Pathway has been developed to across all agencies in line with adhere to NICE (National Institute of Health and Care Excellence) guidance.

7. In the final year of the Obesity Plan, progress will continue, harnessing the experiences of partners at local level and specifically focusing upon four areas where faster progress and attention is needed;

- Workplace health;
- Creating healthy environments;
- Improving nutritional standards;
- Improving Breastfeeding Rates

### **Alcohol Plan**

8. The HIG received an annual update for the Worcestershire Alcohol Plan 2013-16 in March. Below is a summary of progress of work in year 2 of the Plan:

- Health Chats training now feature a range of information about alcohol misuse, including signposting information to the local support services, which includes Mutual aid services. Mercia Net has delivered training on Alcohol Misuse, Foetal Alcohol Syndrome and Identification and Brief advice to 168 people across Worcestershire since January 2014.
- Initial review of the Blue Light scheme supported by Alcohol Concern. Potential scope for pursuing this across Worcestershire. Blue light has been piloted in a number of areas, resulting in health improvements, cost savings and a reduction in the impact on services.
- Review of the existing clinical pathways to ensure that clients accessing treatment do not fall through the gaps.
- The Drug and Alcohol Treatment Service in Worcestershire has been re-commissioned, with a

new provider, Swanswell, appointed from 01 April 2015.

- A working group has been formally established to develop a review of the existing care pathways between the criminal justice agencies and the Drug and Alcohol Treatment provider. This group has developed an action plan which will be submitted to the Safer Communities Board for review in May 2015.

9. Implementation against the Alcohol Action Plan is progressing well. The HIG will receive the next annual update at its March meeting.

### **Mental Well-Being and Suicide Prevention Plan**

10. The HIG received an annual update for the Worcestershire Mental Well-Being and Suicide Prevention Plan 2014-17 in March. Below is a summary of progress of work in year 1 of the Plan:

- Promotion of the 5 Ways to Well-being through national campaigns including World Mental Health Week and Time to Talk Day.
- Worcestershire County Council (WCC) signed the Time to Change organisational pledge to end mental health discrimination, and will continue to promote its wider adoption.
- Mental Health First Aid Courses have been delivered in Bromsgrove, Redditch and Worcester.
- Local integrated pathways to promote maternal mental health & infant attachment have been developed and agreed. A Needs Assessment of CAMHS Tiers 1-4 has commenced.
- An Early Help Needs Assessment is currently being finalised which has a focus on prevention/early intervention particularly around emotional health & wellbeing.
- Worcestershire Safeguarding Childrens Board has implemented a Suicide Prevention Pathway & Guidance which is being monitored.
- The Worcestershire Suicide Audit Group (SAG) has been set up and quarterly meetings are taking place with key partners to monitor local trends and patterns.
- In relation to the Bromsgrove Highway Footbridge, there have been no reported incidents by the police or partners about this location since the SAG was set up.
- WCC are working in partnership to support the 'Suicide Safe Project' led by the University of Worcester. The Mental Well-being (Finding Mike) event in October 2014 was well attended by over

## Summary of progress: district plans

200 students, staff and organisations.

11. Implementation against the Mental Well-being and Suicide Prevention Plan is progressing well. The HIG will receive the next annual update in March 2016.
12. One of the objectives of the HIG is to receive the district Health and Wellbeing Plans and to consider local issues on a regular basis. Since the bi-annual progress report to the Board in November 2014, two districts (Malvern and Worcester) have given a presentation on their Plan. Set out below is the progress made to date.

### **Malvern Hills District Council**

13. The Malvern Hills District Health and Wellbeing Plan 2013-16 outlines local action against the Worcestershire Joint Health and Well-being Strategy 2013-2016. An update of the partnership's achievements in 2013/2014 include:
  - A Community Food Worker has been appointed by Action for Children, they have held a Community Food Networking Event, established a Community Food Partnership and finalised a Community Food Delivery Plan for 2014-15.
  - Malvern Hills District Council have secured a new leisure operator to operate and manage its facilities from 01 April 2015. The new operator will provide targeted programmes and outreach work across the district.
  - Since July 2013, there has been 7 Health Chats Training sessions delivered in Malvern Hills district with a total of 91 people trained.
  - In Malvern Hills district there are currently 3 businesses that are actively working towards their Level 1 accreditation and 2 businesses that are actively working towards their Level 2.
  - A Showcase of Services for Older People was held in December 2013. The 5 Ways of Wellbeing was the theme of the event. Over 60 older people attended the event, more than 20 organisations exhibited.
  - A Digital Inclusion Project was launched on the 1st September 2014 and to date they have had 13 client visits and many more enquiries.

### **Worcester City Council**

14. Healthy Worcester is the new health and wellbeing partnership for Worcester City. It brings together partners from a number of community, voluntary, statutory and faith sector organisations who have an influence on

health. The partnership has developed a health and wellbeing plan which highlights how it is tackling the 4 key priorities highlighted by the Joint Health and Well-being Strategy. Progress includes:

- The Ageing Well project which aimed to tackle social isolation in older adults was completed between March and Dec 2014. Project workers made contact with 500 older people; 174 people were referred onto other agencies for help, advice and support; and 45 people are still receiving support.
- Health Chats Training has trained 461 people in Worcester City (between April 2014 to Jan 2015)
- To date 22 business in Worcester are working towards Worcestershire Works Well workplace well-being scheme
- Sportive funding has enabled 400 young people to engage in sport related activities in the last year.
- Direct access counselling that St Pauls hostel provide has been accessed by 34 of its service users in the last quarter with 11 people on its waiting list.
- Drug and Alcohol workshops are delivered in High Schools in Worcester city. The diversity Football Project has helped to reduce ASB in local area apart from diverting young adults to positive activities.

15. In addition to the updates on the WCC Strategic Health and Well-being Plans and the District Plans, the HIG has considered the following:

- A presentation on Planning for Health.
- The Pharmaceutical Needs Assessment.
- A report on Health Impact Assessment (HIA) asking the HIG to approve the HIA process and progress to date, and to support the development of HIA as a tool for use in supporting the planning process across Worcestershire.
- The Director of Public Health Annual report.
- A briefing on the Care Act.
- Future Lives updates.

16. A forward plan is in place for the year to ensure that the HIG will oversee, implement and support the priorities of the Board, and to monitor progress against health and well-being outcomes.

17. Updated on the Strategic Drug Plan and Tobacco Control Plan will be provided to the HIG in June and September.

18. The six district plans received since the HIG set up have been well received by all partners and it has been

## Background Papers

demonstrated how Health and Well-being priorities are being supported and delivered in the localities. District updates will take place annually.

19. A summary of progress for all the Strategic plans will come to the board in November 2015.

- Planning for Health in Worcestershire, Technical Research Paper. (Website)